

The book was found

Essential Oils Beauty Secrets Reloaded: How To Make Beauty Products At Home For Skin, Hair & Body Care: A Step By Step Guide & 70 Simple Recipes For Any Skin Type And Hair Type



Synopsis

Essential Oils Are a Natural and Effective Way to Look beautiful and claim your perfect health! Do you want to find out how to create a healthier lifestyle for yourself and your family by using essential oils? Essential Oils Beauty Secrets Reloaded: How To Make Beauty Products At Home For Skin, Hair & Body Care Step by Step Guide is one of the most complete book on the subject, especially for the beginner. Inside this book you will discover simple recipes for making beauty care products at home , especially for skin care, hair care, lip Care, nail Care,eye care, body care and much,much more! Pick it up Today!

Book Information

Audible Audio Edition

Listening Length: 1 hour and 36 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Yap Kee Chong

Audible.com Release Date: November 8, 2013

Whispersync for Voice: Ready

Language: English

ASIN: B00GJYCB1W

Best Sellers Rank: #31 in Books > Audible Audiobooks > Science > Chemistry #229 in Books > Science & Math > Chemistry > Inorganic #510 in Books > Health, Fitness & Dieting > Alternative Medicine > Homeopathy

Customer Reviews

I had mixed feelings about this book. On the one hand the author provides some great information specific to some common oils, I really appreciated that! On the other, she doesn't do many favors to the EO industry by making some broad generalizations about the efficacy and safety. First for the bad, the author states that there's no harm in using EOs provided you're not allergic; not only is this statement blatantly inaccurate, it could be quite dangerous were a reader to focus on that part. She goes on to explain that the medical community has embraced the benefits of EOs for thousands of years, but then only 5 pages later states that they haven't quite given EOs the stamp of approval and therefore do not tout their therapeutic benefits. This contradictory explanation and double talk could easily turn a person off of trying EOs. My final chief complaint is the author's (or editor's) excessive use of the word "somehow" when clearly they mean "somewhat"- I know it's silly, but it

was distracting. She also states that using less expensive/impure oils is ok for certain uses and I'm going to have to disagree- the whole point of using pure EO is that there are no additives- she does, however, explain what the look and consistency of certain oils should be and how to do a simple at home test to check for additives. Now for the good: the recipes! The recipes were on point! She gave exact measurements, many EO directories only state to add a bit of this and a touch of that- I like specificity. Many of her recipes use common and readily available EOs that most people will have in standard "start-up" kits. She explains how to use them and the benefits and applications of her mixtures.

[Download to continue reading...](#)

Essential Oils Beauty Secrets Reloaded: How To Make Beauty Products At Home for Skin, Hair & Body Care: A Step by Step Guide & 70 Simple Recipes for Any Skin Type and Hair Type Secrets of Lemon Rediscovered: 50 Plus Recipes for Skin Care, Hair Care, Home Cleaning and Cooking Anti-Inflammatory Essential Oils: 18 Best Essential Oils for Inflammation Essential Oils Set #6: Body Butters, Homemade Body Scrubs & Masks for Beginners: Natural Remedies 101 Magic Tricks: Any Time. Any Place. - Step by step instructions to engage, challenge, and entertain At Home, In the Street, At School, In the Office, At a Party Bone Broth: Bone Broth Diet Cookbook: Bone Broth Recipes and Guide to Lose Up 15 Pounds, Firm up Your Skin, Reverse Grey Hair and Improve Health in 21 ... Broth, Bone Broth Diet, Bone Broth Recipes) HOW TO MAKE MONEY ONLINE: Learn how to make money from home with my step-by-step plan to build a \$5000 per month passive income website portfolio (of 10 ... each) (THE MAKE MONEY FROM HOME LIONS CLUB) Seventeen Ultimate Guide to Beauty: The Best Hair, Skin, Nails & Makeup Ideas For You The Essential Oils Book: Creating Personal Blends for Mind & Body Essential Oils Box Set 5: Soap Making for Beginners & Homemade Body Scrubs & Masks for Beginners: Natural Remedies Body Butters for Beginners [2nd Edition]: Proven Secrets to Making All-Natural Body Butters for Rejuvenating and Hydrating Your Skin Microsoft Visual Basic 2015: RELOADED Soaps, Bubbles & Scrubs: Natural products to make for your body and home Simple Product Profits: Make a Living as a New Internet Marketer Selling Simple Items & Information Products (2 Book Bundle) Cats: Cat Care- Kitten Care- How To Take Care Of And Train Your Cat Or Kitten (Cat Care, Kitten Care, Cat Training, Cats and Kittens) Essential Oils for a Clean and Healthy Home: 200+ Amazing Household Uses for Tea Tree Oil, Peppermint Oil, Lavender Oil, and More Dogs: Dog Care- Puppy Care- How To Take Care Of And Train Your Dog Or Puppy (Dog Care, Puppy Care, Dog Training, Puppy Training) Soap Making: A Step-By-Step Beginner's Guide on Organic Homemade Soap Recipes for Skin Care Organic Body Care Recipes: 175 Homemade Herbal Formulas for Glowing Skin & a

Vibrant Self Home Brewing: 70 Top Secrets & Tricks to Beer Brewing Right the First Time: A Guide to Home Brew Any Beer You Want

[Dmca](#)